

Resolution for Free Period Products

WHEREAS, menstruation is a basic bodily function and access to menstrual products are essential for women's health and hygiene in the same way as other restroom amenities such as toilet paper and paper towels, and poor menstrual hygiene promotes negative health outcomes because women may resort to other means of protection while on their period which could lead to infections and other medical problems; and

WHEREAS, Santa Clara County has already committed to gender equality and public health by providing free menstrual products in all restroom facilities managed by Santa Clara County and California public colleges are required to provide free menstrual products; and

WHEREAS, the current practice of charging 25 cents for menstrual products in public restrooms creates a financial burden on individuals, especially those from marginalized communities - approximately 1 and 3 women in the United states struggle to afford menstrual products, and Black and Hispanic individuals who menstruate are even more likely to have financial hardships when it comes to accessing menstrual products, which may lead to more health and economic problems in their communities – while providing free menstrual products in public and private facilities would be a cost-effective and impactful way for Santa Clara County to promote gender equality and public health while helping women in the community with some of their financial burden;

NOW THEREFORE BE IT RESOLVED, that the Santa Clara County Democratic Party encourages public facilities to stock their restrooms with free menstrual products and ensure that every woman who menstruates has the opportunity to take care of themselves.

Submitted by: Ismene Potens

Adopted by the Youth Delegates and Ratified by the Central Committee on July 10, 2025