

## **Resolution for Mental Wellness Centers in Santa Clara County Schools**

WHEREAS, mental health among youth is becoming an increasingly pressing issue leading to higher drop-out rates, chronic absenteeism, and student disengagement, with 36% of high school students having experienced chronic sadness or hopelessness; and

WHEREAS, high school students spend around seven hours a day at school and are 21 times more likely to access health services on school campuses than elsewhere; and

WHEREAS mental wellness centers at schools promote healthy learning, provide important resources to youth, and offer counseling services in times of distress and trauma;

NOW THEREFORE BE IT RESOLVED that the Santa Clara County Democratic Party advocates for the further implementation of Mental Wellness Centers across school districts in Santa Clara County, support the training of staff and counselors, and help ensure that wellness centers are equipped with therapy projects and community resources; and

BE IT FURTHER RESOLVED that a copy of this resolution be sent to the Santa Clara County Board of Education, local school boards, and legislators who represent any part of Santa Clara County.

Submitted by Ariana Corbu